

BODY SHOCKER!

We are actually aliens and our bodies have limited use



OVERALL OBJECTIVE:

TO EXPLAIN WHERE AND HOW OUR PHYSICAL BODIES FIT INTO THE BIGGER PICTURE OF LIFE ON EARTH!

To build on and support the above objective, different sections have been created covering the following:

Section 1: Shows that there is more than what we experience with our 5 senses and that we are actually not from this world, almost “aliens” on earth;

Section 2: Covers the fact that although we are essentially “aliens”, we are forced to live in this world that is constantly under attack by the devil, so guard against our 5 senses that are so easy to influence;

Section 3: Explains that our bodies are only Holders of something much more important, but our 5 senses (as part of our bodies) dictates our lives and often causes conflict between the Holder and the important thing Inside;

Section 4: Although our bodies were shown to not be that important in section 3 above, reasons are given in this section why and in which circumstances, our bodies are actually still important; and

Section 5: Provides information on how our bodies will transform in the end...

1. INTRODUCTION:

Problem statement: Most people live in this world as if it is the one and only, and most people believe that they consist of their bodies only.

No matter what body shape, size, colour, age or “body-health” you have,



it has actually one overall purpose and this main purpose is very important, but once the body has fulfilled this purpose, it can actually be thrown on the rubbish dump! (the only reason we should spend lots of burial money on the body is out of respect and for memory purposes).

Now this article is one of those “difficult”, but very important articles where I hope the overall message comes through loud and clear.

Excuse the Pun, but before I get “stuck” in this “Spider web” of information I am about to share with you, let me start with a short story to help communicate the message.

2. A STORY

There was once a family of deep sea Anglerfish. They were not very pretty, but they thought they were normal, because they lived very very deep under the sea and almost never saw anybody else that looked much different from them.



They lured small prey by using their antennas and to light up their immediate environment within their dark world. They lived not knowing what else is out there (or “up” there), because they did not venture out of their environment. Now and then one of their family members thought they saw an “alien” (another specie), but it was so dark that whatever they saw, quickly disappeared from sight. It later became a joke that it was just another Ghost or Alien. What actually happened was that other fish living in more shallow waters, now and then ventured down to the dark deep waters in search of food, but left quickly due to the high pressures.

The Anglerfish were of the opinion that they were the only intelligent beings in the world. However, what they did not know was that higher up there were more

intelligent fish such as Dolphins and outside the water, even more intelligent animals such as chimpanzees and then off course the intelligent human beings. The problem was that the Anglerfish could not see, smell, feel, hear or taste all these other beings from their limited 3 dimensional dark world, so they were totally unaware of the billions of “others” out there...

The end for now

You may say, “so *what is the point of this story?*”, but lower down I will refer back to the above story, so that you can (excuse the pun) “see” the link.

SECTION 1

There is more to life than what we experience with our 5 senses and we are not from this world, almost “aliens” on earth

1 FIRSTLY, WE ARE DICTATED BY OUR 5 SENSES

We are all obsessed with what we experience with our 5 senses in our small 3 dimensional world, namely:

1. Seeing;
2. Hearing;
3. Feeling;
4. Tasting; and
5. Smelling.

Let us call them the “normal” senses that our physical bodies experience every day, as there are other less obvious senses.

The media and greedy business-men obviously love to exploit these senses for personal financial gain.

The 5 senses we experience are actually only “electrical impulses” our brains receive and interpret to be our reality, but that is a story for another day.

OF INTEREST:

Animals with better “normal” senses:

Smell: A dog can have up to 300 Million receptors in their nose compare to our limited 6 million and their brains are designed (by God) to be x40 more “focussed” on processing smell.

Hearing: Cats can hear sounds up to 60 Kilohertz, while we only hear up to 20 Kilohertz

“Touch”: Some animals like snakes can feel the slightest vibrations on the ground, much much better than humans can

Sight: Some animals like an Eagle have Telephoto lenses, cats and owls have better night vision than humans and bats have Infrared receptors

Taste: Humans have around 9 000 taste buds, while Herbivores have around 25 000 taste buds as a “safety” mechanism to identify poisonous plants in the field



But what about other possible senses? I will get to this later.

Everything linked to our 5 senses seems to = our reality!

There is a common saying that states: “seeing is believing” and people tend to believe and understand only what they can observe, but there is however a lot of other “things” out there (sounds scary) that we cannot see, but they do exist. Our limited senses and brains are unable to detect/process these other “things” out there, but some animals (refer to the “Off Interest” sections), are able to sense/see a little more in some areas. This article will not go into this in detail, as I will write another article on the many many invisible “things” indeed out there.

¹⁵ *The Son is the image of the invisible God, the firstborn over all creation.*

¹⁶ *For in him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things have been created through him and for him.* ¹⁷ *He is before all things, and in him all things hold together. **Colossians 1: 15***

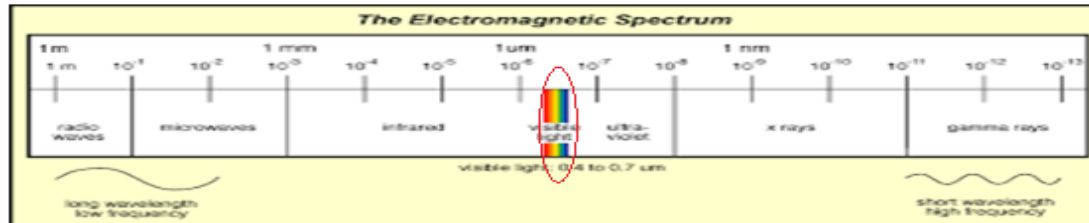
Here is just one for now: if you press your remote button, a “miracle” happens, your gate opens... Ok, not considered a “miracle” anymore, but someone from the 18th century would consider it a miracle!



The experts say that we see only about 0.0035% of the Electromagnetic spectrum, so there is another 99.99965% of this spectrum out there that exists, but that we

cannot see and then there are lots of other “stuff” out there like atoms, viruses, bacteria, dark energy, Angels, Spirits and many more (my other article entitled “**Seeing is believing**” will cover this in more detail).

The reason I raised this point is to highlight the fact that **we tend to only focus on our (limited) 5 senses**, but we saw how inferior they actually are (e.g. what is in that little Red circle is what we are able to “see”):



Apart from our “limited” 5 senses, we are also further limited by a “3” dimensional world? Experts are however of the opinion that there are 11 or even more dimensions out there... again something we cannot observe/feel/smell with our limited 5 senses!

2 OTHER “WORLDS, SPIRITS AND GODS” AND GOD’S TIME!

2.1 A shocker is probably awaiting us all:

I think that when we die, we in for a MAJOR SHOCK! There is probably billions of things (spirits, “ghosts” and other gods) out there all over the place. If we consider the earth to be about 6 thousand years old or as others say, millions of years old, then all those died before us in all those prior years are “out there” (they estimate that just over 110 Billion lived before us since man was created).

We are like little ants living in our small area (our material/physical world) in isolation (like the first picture below) not aware what is really out there (many believe that our 3 dimensional Earth is the only reality). So most of us are “unconsciously incompetent”! (just like the fish story in the beginning). However, when we die, we will then probably get exposed to what is really out there and “see” all the other parts of the electromagnetic spectrum, other dimensions, spirits, gods, angels (like the second picture below) and off course, the one and only main God. If we get back to the Anglerfish family in the beginning, they were living in their isolated (dark) world, totally unaware of what else is out there. They are a few in their (known) world, but higher up there are many other fish species and outside the water (like in another dimension), there are even more “species”, including much more intelligent ones. This is probably our situation as well, we live on earth, but totally unaware of what else is out there!

Our world



We live like ants in our little world

The invisible world



There is however much more out there...

Note: Our world is referred to as “the land of the Living”, but O boy, there is probably a huge “land of other living things” out there or maybe right here with us, just in another dimension.

Here is another example: Who has seen the movie “**Dr Seuss’ Horton Hears a Who!**”? It is about people living in their world unaware of what is out there. They actually living on a spec smaller than a pea and an elephant (who has large ears) hears them and realises there are people living “normal” lives on that spec. What if we are those people living on a spec and there are “others” outside our spec?



But let us digress a little, just to cover two important aspects I mentioned above that might have “disturbed” you a little.

2.2 Other “gods”:

Did I say “*other gods*” in the paragraph above? Yes. The Bible is full of references to other gods (with a small letter) such as:

“God presides in the great assembly; he renders judgment among the “gods””:
Psalm 82:1.

There are indeed other gods, but the Bible states clearly and many times that there is only one true God (the extracts below refers to other gods and to the fact that there is only one true God):

“There is none like you among the gods, O Lord” **Psalm 86:8**

"For great is the Lord, and greatly to be praised; he is to be revered above all gods"
Psalm 96:4

"Our Lord is above all gods" **Psalm 135:5**

"He is exalted above all gods" **Psalm 97:7**

And there are many more references, but this is not my focus in this article.

2.3 God's time:

And did I also say *"as others say, (Earth may be) millions of years old"* in the above paragraph? Yes, because God is outside our 4th dimension called Time! Below is just an example:

"⁸ But do not forget this one thing, dear friends: With the Lord a day is like a thousand years, and a thousand years are like a day". **2 Peter 3:8**

It might just as well have been *"one day is like a million years and a million years like one day"!*? or a Billion years... If we consider the fact that one day is like a thousand years or even a million years, then God's 6 "day" creation could have been over millions/billions of our years.... Time is relative to God!

2.4 We trying to understand God in the wrong place or in our limited space:

What do I mean with this heading? God is (inside) part of his Creation, but also outside his creation! A Pastor explained it like this *"Shakespeare wrote Hamlet, but the characters in Hamlet were not aware of Shakespeare, because he was not part of the plot/act, he wrote it, but did not form part of it"*. I hope you grasped this concept.

We and scientists are trying to understand this world by analysing the matter/stuff inside this world, so they are limited by the things in this world. However, we cannot try and find or explain God through our limited physical 3 dimensional world with our limited 5 senses. It is the same as if we trying to fully understand ourselves by only studying our physical bodies and not also our Spirit/Soul. I am not going into this one in detail here and I will leave it for another article. Just know this that we are limited by our 3D world and by the limited matter (atoms) we know off and can prove with science, but science cannot yet understand/prove or disprove things outside our dimension or "things" like spirits.

3. OTHER SENSES

Funny thing is that one of the most important things in life is actually something we cannot really experience with our 5 senses?! We probably consider this "thing" a 6th sense. What is it? It is something many songs are written about, movies are made about, something that actually heightens or amplifies many of the "normal" 5

senses, something that makes life worth living and something that makes “the world go round”. Something that makes two people get married and wanting to start a life together. Something that actually does not make sense, because we are all just made of atoms and organic material. It is probably one of the main reasons God created the universe! Are you still confused?

It is something that God considers as the most important thing (commandment). This 6th sense is called “**Love**”. When we in love, we have this feeling deep inside that we cannot explain, nor taste, see, touch, hear or smell, but we experience it. This article is also not about love, but raised to once again highlight the fact that our 5 senses are not that important and not the only thing out there.

OF INTEREST:

Animals with better “other” senses:

Bats and Dolphins: use sound waves as sonar

Spiders: are able to detect the minutest vibrations on their web and distinguish a pray from wind or debris

Sharks: use electrical fields to detect pray

Some Jellyfish: have special balance receptors to work against currents

Some snakes: have heat sensing pits for detecting pray in Infra-red

Doves, Sea Turtles and Salmon: can detect magnetic fields for direction

By the way, they did not have the ability to develop these over time, they were created with them, as it is way beyond an animal or even humans to develop these.

Apart from Love, there are other “senses” we have, such as the ability to detect temperature changes, feel hungry and thirsty, experience pain, happiness, sadness, can predict the time quite accurately and what about human telepathy?



© Getty Images
Into the unknown: Two scientists have sent each other a message simply by using the power of their minds. The research could have staggering implications for the future of humanity. File picture

Source: <http://www.dailymail.co.uk/sciencetech/article-2747131/Is-proof-humans-TELEPATHIC-powers-Two-men-4-600-miles-apart-send-messages-using-just-minds.html>

4. WE LIVING IN THIS WORLD, BUT WE ARE NOT FROM THIS WORLD

The above is a common saying from a religious point of view. We temporally living in this world (only about 100 years or less AND remember time flies (check out **James 4:14**)), but we come from elsewhere, yet we live as if this (Earth) is the only place (why are we so “stupid”? Perhaps it is once again those 5 senses to blame?).

Can you remember what happened the past 10 years in your life? Did these years just “fly” by too fast? (a year just started and when we look again, it is almost Xmas?). Did you know that we only have 8 to 9 of these “quick-flying-10-year-batches” and it is all over? Is life on earth just one big “rat race” and worth it? If you consider that there is something afterwards, then Life on Earth is worth living!

“If you belonged to the world, it would love you as its own. As it is, you do not belong to the world, but I have chosen you out of the world. That is why the world hates you” - John 15:19. (could the piece in Red be one of the reasons why bad things happen to people?)

“Dear friends, I warn you as “temporary residents and foreigners” to keep away from worldly desires that wage war against your very souls. Be careful to live properly among your unbelieving neighbours. Then even if they accuse you of doing wrong, they will see your honourable behaviour, and they will give honour to God when he judges the world” - 1 Peter 2:11-12

AND WE ON OUR WAY TO ANOTHER “WORLD”, OUR ACTUAL HOME:

“But our citizenship is in heaven. And we eagerly await a Saviour from there, the Lord Jesus Christ” - Philippians 3:20

“Now there is great gain in godliness with contentment, for we brought nothing into the world, and we cannot take anything out of the world. But if we have food and clothing, with these we will be content”. 1 Timothy 6:6-8 (sorry Mr Billionaire, I hope your family do not fight over their inheritance...!).

5. SO WHAT HAVE WE LEARNT SO FAR?:

- Our 5 senses are very limited compared to the senses of some animals and compared to the full electromagnetic spectrum (see bullet 3 below)
- We mostly rely on our 5 senses, but there are more senses!
- Our 5 senses can only “observe” less than 1% of what is really out there... (e.g. the Electromagnetic Spectrum and other “things”);
- Our 5 senses are by far not the most important senses (Love for example will beat them all);
- We rely on our 3 dimensional world, but there are apparently more dimensions (the mathematics scientists us point to this possibility)
- We are not from this world and actually do not belong here (hey, this place is not ours, we just visiting, see the next section for more evidence!); and
- Our time on earth is very short, as time flies.

SO CONCLUDING ON THIS FIRST SECTION: There is indeed more to life than what we experience with our 5 limited senses and we are definitely not from this world. We basically “aliens” on earth.



SECTION 2:

Covers the fact that although we are basically “aliens”, we are forced to live in this world that is corrupt and under attack by the devil, so guard against our limited 5 senses being easily influenced by this world

1 THE PROBLEM WITH THIS WORLD OUR BODIES LIVE IN

1.1 First the Bad news:

Although God made this world, the problem is that this world seems to be constantly under attack!

*“We know that we are children of God, and that the whole world is under the control of the evil one” - **John 5:19.***

*“For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high [places]” - **Ephesians 6:12***

*“Do not love this world nor the things it offers you, for when you love the world, you do not have the love of the Father in you. For the world offers only a craving for physical pleasure, a craving for everything we see, and pride in our achievements and possessions. These are not from the Father, but are from this world. And this world is fading away, along with everything that people crave. But anyone who does what pleases God will live forever” 1 **John 2:15-17***

Did you see the last verse referring to “everything we see”, yes, those dam 5 senses to blame once again

The other senses should take control (like Love).

We not from this World, we “aliens”, so do not love this world, it is not your (final) home.

*“You adulterous people, don’t you know that friendship with the world means enmity against God? Therefore, anyone who chooses to be a friend of the world becomes an enemy of God” - **James 4:4***

1.2 Now the Good news:

Satan will however be cast out, but for now, he is constantly trying to control us!



*“Judgment will come because the ruler of this world has already been judged” - **John 16:11.***

And:

*“The time for judging this world has come, when Satan, the ruler of this world, will be cast out.” - **John 12:31.***

And God is greater:

*“You, dear children, are from God and have overcome them, because the one who is in you is greater than the one who is in the world” - **1 John 4:4***

*“I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world” - **John 16:33***

1.3 And the big challenge:

While we in this world, we should guard against our 5 senses dictating our lives (we have seen that these 5 senses are actually not that important and very weak, although they often feel like the only thing we cling to):

*“Do not love the world or anything in the world. If anyone loves the world, love for the Father is not in them” - **1 John 2:15***

But there is more:

*“... Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will” - **Romans 12:1-2***

*"For the grace of God has appeared that offers salvation to all people. It teaches us to say "No" to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age" - **Titus 2:11-12***

*"The world and its desires pass away, but whoever does the will of God lives forever" - **1 John 2:17***

*"I declare to you, brothers, that flesh and blood cannot inherit the kingdom of God, nor does the perishable inherit the imperishable." - **1 Corinthians 15:50***

*"Set your affection on things above, not on things on the earth" - **Colossians 3:2***

2 WHAT HAVE WE LEARNT SO FAR?:

- The Devil is trying to control this World (the world we actually do not come from and belong in!);
- Do not let your 5 senses trick you in believing and craving for the physical pleasures you can see, feel, taste, hear and smell in this world (read **1 John 2:15 to 17** again, as it contains such an important message!);
- Do not worry, this world will be taken back; and
- You have a challenge to overcome this world and not conform to it.

I have to somewhat repeat the lessons learn in Objective 1 again here, as they actually help boost the second objective that there is more to life, namely:

- Even though we rely on our 5 senses, there are more senses! (there is more to life we experience with our limited senses);
- Our 5 senses can only observe less than 1% of what is really out there (there is much more to life, 99.99965% more);
- Our 5 senses are by far not the most important senses (others that exists are more important, like love);
- We rely on our 3 dimensional world, but there are (apparently) more dimensions! (so once again, there is more to life that we can observe); and
- We are not from this world (it is not ours, yet we carry on as if it is our one-and-only).

SO CONCLUDING ON THIS SECOND SECTION: Although we not from this world, we are forced to live in this world (for now), but it is corrupt and the devil tries to control it (for now), so we must guard against our 5 senses being influenced too easily by this world.

SECTION 3:

Explains that our bodies are only Holders of something much more important, but our 5 senses (as part of our bodies) dictates our lives and often causes conflict between the Holder and the important thing Inside

1 WHAT IS THE BODY'S PRIMARY FUNCTION?

1.1 INTRODUCTION

What do the following things have in common?

- Tub of margarine
- Packet of chips
- A full can of soft drink
- A new TV in a box
- A Book
- Toothpaste
- A Pen
- Glass of Water
- A banana



Seems quite difficult to identify at first!?

Well, they are, or all have “**holders**” to hold the important stuff that is in the inside! (it is actually the “**inside**” that counts, butter for our bread, soft drink from a bottle to quench our thirst, TV in the box, banana to peel for eating the inside, etc...). It is the Inside we actually want to get to, the holder is usually thrown away or have limited use.

Going forward, I will refer to the items that protects/keeps/insulates/ holds/surrounds something important, as the “**Holder**” and the (more) important item that is placed inside the holder, the “**Inside**”.

We use the Tub of margarine to keep the contents we need and after the inside stuff (margarine) is finished, the tub is either thrown away or once again used as a holder for something else. We throw away the TV box after removing the TV (actually, the outside of the TV is also a “Holder”, as it houses the electronics inside, but let us not get too technical). After using the toothpaste inside, the holder is thrown away (unless you have a weird use for an empty toothpaste holder). A pen's ink is the inside, the glass holds liquid, etc... So is the human body not also just a “Holder”?

1.2 QUICKLY BACK TO THOSE 5 SENSES THAT DICTATE OUR LIVES!

From the above we noted that we live in our “3” dimensional world dictated by our “5” senses of which vision is quite dominant. We see nature, buildings, documents, television, computer screens, newspapers and all these visual influences are providers of information to us. What we mostly see, forms our perceptions of life. When a person is Blind, they say the other 4 senses are heightened to help him/her gather life’s information. Since birth, a baby experience vision, feeling via a hug, hear their mother’s voice, taste food and even smell their parents. Right through our lives we experience life via our 5 senses, so it is obvious that we consider them as the “Alpha and Omega” of life. Maybe Blind People who do not see what is going on in this world is in a better position to live closer to God? They are not influenced (almost hypnotized) by the media, the “Joneses” and what is believed to be reality via sight (super cars, large mansions by the sea, etc...). Having all 5 senses could sometimes cause more harm!?

Ok, I have pulled the poor 5 senses apart and am blaming them for all the troubles in this World, but God also gave us these 5 senses to enjoy life!

“...people should eat and drink and enjoy the fruits of their labor, for these are gifts from God” - Ecclesiastes 3:12-13

Lower down I will give more examples of why we should enjoy life and our bodies.

Something I believe strongly in is something that is all over in nature and in the universe with dire consequences if it is disturbed. This thing is called “BALANCE”. Always maintain a balance in life and do not let the 5 senses dictate your life, enjoy them, but remember that they are not the most important things in life.

1.3 THE ALMOST “WORTHLESS” BODY AND THOSE 5 SENSES

According to the Bible (and actually Logic), the 5 senses which forms part of the body is almost worthless, because the body is in the end just a “holder” of something much much more important (we have a very valuable “inside”). An inside that we can actually not see, not taste, not smell, but maybe “feel” and “hear” indirectly to some extent.

“It is the Spirit who gives life; the flesh is no help at all. The words that I have spoken to you are spirit and life” - John 6:63

You see, the body only last a max of 120 years and then it rots away! (Sorry for being so blunt, but it is a fact and becomes dust). So it has a limited life span (and use), but has one very important purpose and that is to house something that is built to last forever. The body must house this thing and this thing must, just like the body, grow. It also is initially a “baby”, immature and in need of knowledge and experience.

1.4 AND THE BOTTOM LINE?

Sorry, not yet, I am taking longer to get to the Bottom line this time, because this topic is critically important and it is covered many many times in the Bible, but somehow we do not all get the message loud and clear! (perhaps because of those dam 5 senses dictating our lives). All over the Bible, God talks about this topic, all over the Bible there are warnings and reminders about this topic, but it does not always come through to us clearly, perhaps because we get stuck on those 5 senses we are exposed to since birth.

Before I reveal this “inside thing”, let me start covering some Bible verses that will (should) actually provide the answer.

1.5 SOME BIBLE GUIDANCE TOWARDS THE ANSWER

“It is sown a natural body, it is raised a spiritual body. If there is a natural body, there is also a spiritual body” - 1 Corinthians 15:44

“What good will it be for someone to gain the whole world, yet forfeit their soul? Or what can anyone give in exchange for their soul?” - Matthew 16:26

“And the LORD God formed man of the dust of the ground, and breathed into his nostrils the breath of life and man became a living soul” - Gen. 2:7.

“Do not fear those who kill the body but are unable to kill the soul; but rather fear Him who is able to destroy both soul and body in hell” - Matthew 10:28

By now you should have “got it”?

1.6 PHYSICAL BABIES AND SPIRITUAL BABIES

When we are born, do we really know Christ and believe fully in God and are we able to obey the 10 commandments to some extent? The logical answer is “NO” or I can just refer you to a 2 year old child (a “**Terrible two**”) and you will be convinced that the answer is “NO”!

When we are born, we are not only physical babies, but spiritual babies as well (put otherwise “we are also babies in Spirit”).

“Therefore, rid yourselves of all malice and all deceit, hypocrisy, envy, and slander of every kind. 2 Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation, 3 now that you have tasted that the Lord is good” - 1 Peter 2

“**Spiritual milk**”, or also referred to as “**food for the soul**” include:

- Constant prayer;
- Consulting the Bible (not just reading it, but studying it);
- Attending further guidance/training at church (not just attending church);
- Bible studies and the like.

Now I do not know how the “merge” of body and spirit works, but I believe that spiritual babies are “born”/come from Heaven and is sent to earth to merge with a physical baby (body) and **BOTH** need to grow up. If you look at this verse from the Bible, we can see that the Spirit comes from God: “*Then shall the dust return to the earth as it was: and the SPIRIT shall return unto God who gave it*” - **Ecc 12:7**

Ok, the experts say there are many more “parts” to a person such as a conscience, the mind, the soul, etc. ,but I am not going to try and attempt discussing all of them, I want to keep it simple. Just briefly: the Bible seems to cover 3 main “parts”, namely the:

1. Body,
2. Soul and
3. Spirit.

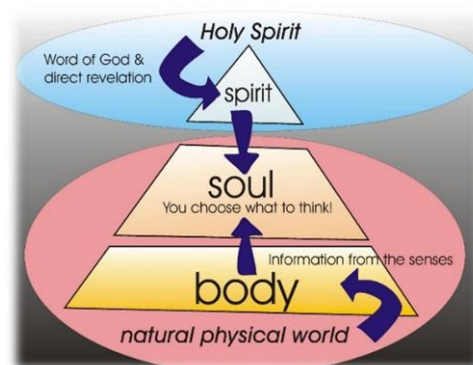
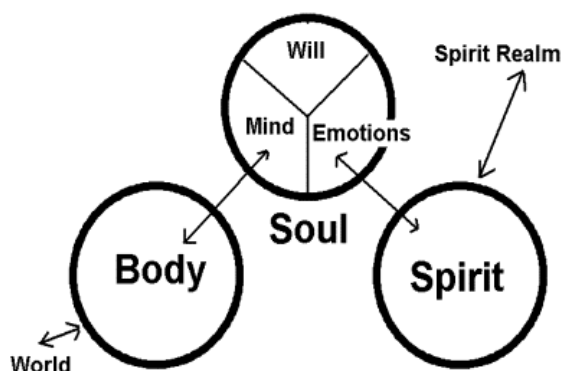
All of these are part of us, just like God, Jesus and the Holy Spirit is also 3-in-1. If someone finds it difficult to understand that God, Jesus and the Holy Spirit is 3-in-1, just imagine that we are also “3-in-1” and are able to function as one entity (body, soul and spirit), yet we should be able to experience each separately, if we really pray hard and get close to God.

I will however keep it simple and just discuss the Soul and Spirit as being one, but here are a few indicators that the Bible covers the 3 as separate “entities”:

“Now may the God of peace Himself sanctify you entirely; and may your spirit and soul and body be preserved complete, without blame at the coming of our Lord Jesus Christ. - **1 Thessalonians 5:23**

The 2 pictures below from Internet Google Images, show them as 3 separate entities:

1 Thessalonians 5:23



But as I said, let us not complicate matters...

What body type each spirit gets to “merge” with I do not know, perhaps we all get the same spirit in the beginning? It is obvious that there are Billions of different physical baby shapes and sizes with different abilities and talents, so if and how God decided which spirit must go to which body, I will leave to God or let the professionals only try answer that one.

What are the **similarities** between a Physical baby and a Spiritual baby?

- Both begin immature;
- Both need to be “fed” (the Physical baby needs milk/food and the Spiritual baby needs to be fed information about God and religion (read [1 Peter 2 again](#))); and
- Both have the ability to grow (the Physical baby in size and maturity and the Spiritual baby in knowledge of God and religion).

What are the **differences**?

- A Physical baby lives a max of only about 100 to 120 years, while a Spiritual baby lives on earth for the same number of years and then moves on to live forever in only one of two possible places (**Heaven** or **Hell**). In other words, the Physical Body has an expiry date, but the Spiritual “Body” does not have;

The Physical Body



The Spiritual Body



- A Physical baby is visible in the 3 dimensional world, while a spiritual baby is invisible or in another dimension on earth or in another dimensional world;
- Physical babies are obsessed with or dictated by the 5 senses, while Spiritual babies experience other senses like love;
- Physical babies begin in the womb, but not sure how/where Spiritual babies start from (Heaven/God?);
- If Physical babies are well fed and looked after, they become strong and healthy with a good physique, but they still die. If Spiritual babies are well “fed” and looked after, they also become “heathy” and start bearing the fruits of the spirit (²² [But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness](#)” - [Galatians 5:22](#)) AND **never dies**.

[“For as the body without the spirit is dead, so faith without works is dead also” - James 2:26](#)

Ok, so by now you should have figured out that our physical body is the “Holder”, while our “Inside” is our Spirit/Soul, but once the “Inside” has left, the “Holder” (dead body) is actually worthless.

*"Then shall the dust return to the earth as it was: and the SPIRIT shall return unto God who gave it" - **Ecc 12:7***

These pictures try to illustrate that the Inside is actually the precious part:

Body



Spirit inside



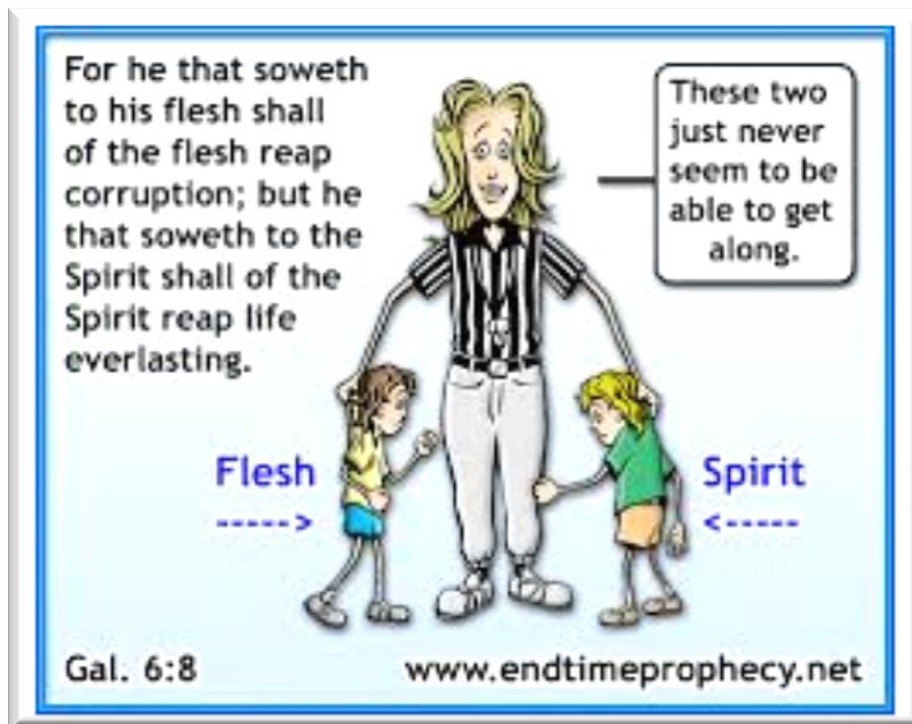
Grow up to be a Spiritual Giant!
Someone who is a Body Giant, but Spiritual Wimp, is useless, even if they "look" amazing.

1.7 A CONSTANT BATTLE!

The problem is that our 5 senses controls the flesh which in turn tries to control the spirit.

¹⁹ The acts of the flesh are obvious: sexual immorality, impurity and debauchery; idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions ²¹ and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God" -Galatians 5:19

"Abstain from fleshly lusts which war against the soul" - Peter 2:11.



So the “Holder” tries to dominate the “Inside”.

“*Abstain from fleshly (holder) lusts which war against the soul (inside)*” [Peter 2:11](#).

“16 But I say, walk by the Spirit, and you will not gratify the desires of the flesh.
17 For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are **opposed to each other**, to keep you from doing the things you want to do. 18 But if you are led by the Spirit, you are not under the law...”
Galatians 5:16 to 18 (the last sentence has another message for another topic, but think about it).

1.8 NOTES ON THE SPIRIT

Jesus said: “[God is a spirit](#); and they that worship Him must worship Him in spirit and in truth” ([John 4:24](#)). He is thus not a Physical item (like a statue) to bow down to and we probably in for a shock when we meet God one day, as we should not expect a Human Body...

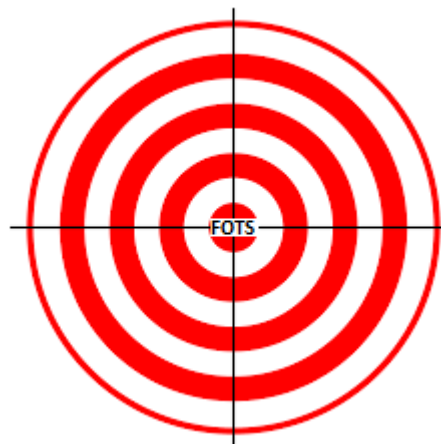
“He (Holy Spirit) will always be with us, guiding us to do what is right and to grow in the fruit of the Spirit” - ([Galatians 5:22-23](#)) as we serve God and others.

“Ye shall know them by their fruits. Do men gather grapes of thorns, or figs of thistles?” - [Matthew 7:16-20](#)

The below should be our “target in life” (Fruits Of The Spirit):

²² But the fruit of the Spirit is:

- love,
- joy,
- peace,
- forbearance,
- kindness,
- goodness,
- faithfulness” - [Galatians 5:22](#)



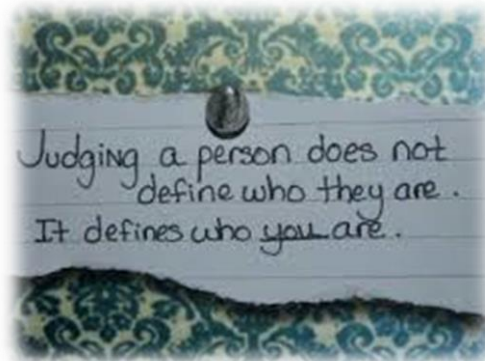
⁴ There are different kinds of gifts, but the same Spirit distributes them. ⁵ There are different kinds of service, but the same Lord. ⁶ There are different kinds of working, but in all of them and in everyone it is the same God at work. ⁷ Now to each one the manifestation of the Spirit is given for the common good. ⁸ To one there is given through the Spirit a message of wisdom, to another a message of knowledge by means of the same Spirit, ⁹ to another faith by the same Spirit, to another gifts of healing by that one Spirit, ¹⁰ to another miraculous powers, to another prophecy, to another distinguishing between spirits, to another speaking in different kinds of tongues,^[a] and to still another the interpretation of tongues.^[b] ¹¹ All these are the work of one and the same Spirit, and he distributes them to each one, just as he determines”. - [1 Corinthians 12:4-11](#)

Now there is a lot to say about the Spirit/Soul and perhaps this may form part of another article covering the Spiritual Gifts...

*"⁴ And I saw thrones, and they sat upon them, and judgment was given unto them: and I saw the souls of them that were beheaded for the witness of Jesus, and for the word of God, and which had not worshipped the beast, neither his image, neither had received his mark upon their foreheads, or in their hands; and they lived and reigned with Christ a thousand years" - **Revelation 20:4***

This one above is interesting, because it shows that those Souls that acknowledged Jesus, was in a better place!

2 JUDGING THE HOLDER



<http://photos-ak.sparkpeople.com/nw/3/0/1309437821.jpg>

We are all familiar with the concept of **"Do not judge a book by its cover?"**
So considering the man below, what are your first impressions?



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We tend to quickly judge the Holder and neglect the Inside. I think men are the worst here, they focus on the Holder and later on the Inside. Woman on the other hand are (I think) not that obsessed with the Holder...? So should we judge the Inside instead?

The answer is coming, but let us look at the same Holder in a different way:



Now you have quite a different impression would you not say?

People are all shapes and sizes, people can be male or female, people can be different colors, people can be physically beautiful, but others might not be attractive at all. Our 5 senses usually forms a quick opinion about someone based on their outside, but it is the inside that counts! GOD knows this too well, He is actually not interested and concerned about the Body Shape and knew that there will be many different ones re-produced, the only issue GOD probably has with the body is that we look after it....(I will explain later)

Bottom line: “Do not judge a book by its cover (by focusing just on the Holder)”
Should we thus judge the Inside instead?

The answer is “NO” (a topic for another Article).

The reason is that God does not want us to judge others at all, he will do the judging! The Bible is full of these warnings like this one:

“³⁷ Do not judge, and you will not be judged. Do not condemn, and you will not be condemned. Forgive, and you will be forgiven. ³⁸ Give, and it will be given to you. A good measure, pressed down, shaken together and running over, will be poured into your lap. For with the measure you use, it will be measured to you.”

³⁹ He also told them this parable: “Can the blind lead the blind? Will they not both fall into a pit? ⁴⁰ The student is not above the teacher, but everyone who is fully trained will be like their teacher.

⁴¹ “Why do you look at the speck of sawdust in your brother’s eye and pay no attention to the plank in your own eye? ⁴² How can you say to your brother, ‘Brother, let me take the speck out of your eye,’ when you yourself fail to see the plank in your own eye? You hypocrite, first take the plank out of your eye, and then you will see clearly to remove the speck from your brother’s eye” - Luke 6:37-42

Bottom line: You should not judge the Holder **and** the Inside of other people.

3 SO WHAT HAVE WE LEARNT SO FAR?:

- Our bodies are the less important “Holders”, while our Spirits are the important “Insides” (our bodies are the houses in which our Spirits stay);
- The 5 senses that are weak, are linked to the body, while the Spirit is mostly linked to other senses;
- The 5 senses are dominating our lives which makes it difficult for the Spirit to “compete”; so the;
- Body seems to always be in conflict with the Spirit;
- Both body and spirit are “born” immature (Physical babies and Spiritual babies) and need to “grow up”;
- No human should judge the Holder nor the Inside; and
- Displaying the Fruits of the Spirit should be our target in life.

SO CONCLUDING ON THIS THIRD SECTION: Although our bodies are the Holder of the important Inside, it is difficult for us to focus on our Inside when our 5 senses are part of our bodies (holder) and usually dictates our lives, thus causing conflict.

SECTION 4:

Although our bodies were shown to not be that important in section 3 above, reasons are given in this section why and in which circumstances, our bodies are still important

1 SO WHY IS THIS “USELESS” HOLDER STILL EXTREMELY IMPORTANT?

[Exodus 20:13](#) just highlights the importance of the Body and below are some reasons why:

1.1 FIRSTLY, BECAUSE THE HOLDER IS GOD’S TEMPLE

God said that our bodies are a temple of God’s Spirit (the Holder of the Spirit), see extracts below:

“Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; ²⁰ you were bought at a price. Therefore honor God with your bodies” - 1 Corinthians 6:19-20

“Don’t you know that you yourselves are God’s temple and that God’s Spirit dwells in your midst? ¹⁷ If anyone destroys God’s temple, God will destroy that person; for God’s temple is sacred, and you together are that temple” - 1 Corinthians 3:16-17

“Or do you not know that your body is a temple of the Holy Spirit who is in you, whom you have from God, and that you are not your own? - 1 Corinthians 6:19



Looking at the above picture, we cannot constantly feed our bodies with junk food, else the “Holder” might expire too soon



The problem is that the spirit is willing, but the flesh is weak, so those 5 senses seems to constantly be the culprit... Somebody said that if we fast, the body becomes weak, while the Spirit becomes stronger...

*'You shall not make any cuts in your body for the dead nor make any tattoo marks on yourselves: I am the LORD' - **Leviticus 19:28*** (sorry, I saw this one and decided to just include it. You must make up your own mind or interpret it in your own way...).

1.2 WHEN THE INSIDE IS MAKING A POSITIVE DIFFERENCE

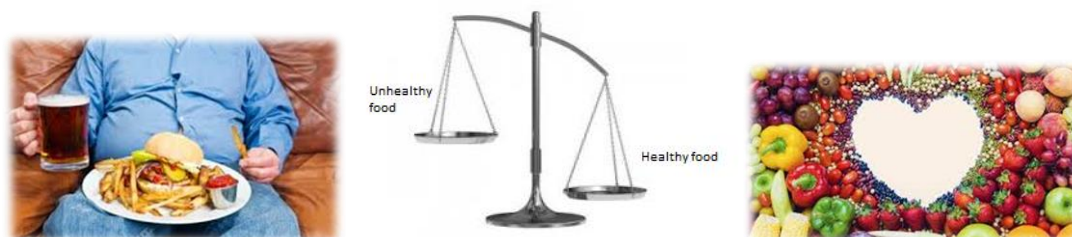
Another reason why the Holder is important:

If the inside (Spirit/Soul) is doing good works! If your Sprit is a good sprit and you are managing to save other souls and make a positive difference to this world including serving others, then the longer the Holder (body) stays alive and able, the more future souls can be saved and a better positive difference can be made to this world.

If the Inside is growing in religion, then it is important for the Holder to remain healthy so that the Spirit can stay in the "Holder" as long as possible to grow to its maximum potential.

It would then also be important for the Holder to remain as mobile as possible so that the Spirit can connect and meet other spirits to grow to its own maximum potential and to help other spirits to grow to their maximum potential.

Stay Healthy, eat more Healthy food:



THE BOTTOM LINE ABOUT THE ABOVE: **MAINTAIN A BALANCE**

1.3 OTHER REASONS

1.3.1 God placed us on earth to also enjoy Life:

*“So I recommend having fun, because there is nothing better for people in this world than to eat, drink, and enjoy life. That way they will experience some happiness along with all the hard work God gives them under the sun” - **Ecclesiastes 8:15***

*“You who are young, be happy while you are young, and let your heart give you joy in the days of your youth. Follow the ways of your heart and whatever your eyes see, but know that for all these things God will bring you into judgment” - **Ecclesiastes 11:9***

*“So I concluded there is nothing better than to be happy and enjoy ourselves as long as we can. And people should eat and drink and enjoy the fruits of their labor, for these are gifts from God” - **Ecclesiastes 3:12-13***

*“So I decided there is nothing better than to enjoy food and drink and to find satisfaction in work. Then I realized that these pleasures are from the hand of God. For who can eat or enjoy anything apart from him?” - **Ecclesiastes 2:24-25***

*“Enjoy life with your wife, whom you love, all the days of this meaningless life that God has given you under the sun—all your meaningless days. For this is your lot in life and in your toilsome labor under the sun” - **Ecclesiastes 9:9***

*“Even so, I have noticed one thing, at least, that is good. It is good for people to eat, drink, and enjoy their work under the sun during the short life God has given them, and to accept their lot in life” - **Ecclesiastes 5:18***

*“Charge them that are rich in this world, that they be not highminded, nor trust in uncertain riches, but in the living God, who giveth us richly all things to enjoy” **1 Timothy 6:17***

*“And I will say to my soul, Soul, thou hast much goods laid up for many years; take thine ease, eat, drink, and be merry” - **Luke 12:19***

Yes, enjoy life to the fullest with those 5 senses, like:

- **Eat** tasty foods, BUT maintain a BALANCE, as the tasty foods are usually less healthy, but you do not want to spoil your limited life on earth by only eating Lettuce all day;
- **Listen** to good music and dance;
- Make time to **observe/see** God's beautiful creation (flowers, the morning and evening sky, go to a Game reserve, observe nature as you drive to work, but also focus on the road);
- **Smell** a Rose, smell good food; and
- Get a good Massage, to **feel** better

Use your imagination to experience the 5th sense optimally.

1.3.2 Our bodies are there to create more and new bodies (babies) as new holders for new Spirits/souls:

"God blessed them and said to them, "Be fruitful and increase in number; fill the earth and subdue it. Rule over the fish in the sea and the birds in the sky and over every living creature that moves on the ground." - Genesis 1:28

So considering that the body is actually only a "Holder" like a bottle or a tin, then the picture below should not make you sad, because our important "Inside" will be on its way to a better place:



Should we have a burial for a tin?



We are **sad** when the Holder expires, but it was a temporary container for the Important Inside. We should be **sad** when we not sure where the Inside is going after the Holder has expired (Hell?), but we should **rejoice** if we know for sure where the Inside is going (Heaven)!

God's one commandment states that we may not commit Murder, but if the Body (holder) is not that important, then why this commandment? Well, because:

- If someone's Soul has not been saved and that person was murdered, he/she would be lost forever;

- If someone's Soul has been saved and that person was murdered, he/she could have saved other Souls that would be lost forever; and
- If someone is already saving other Souls and that person was murdered, they could have saved more Souls that would now be lost forever, so:
The Body is still needed to save Souls (you shall not murder)!

2 SO WHAT HAVE WE LEARNT SO FAR?:

- Even though the "Holder" has no value in the end, it is still very important while it is responsible for housing the important "Inside";
- While the "Holder" is alive, it must always remember that it is a Temple of God and holding something sacred;
- While the "Holder" is alive, it creates a safe environment for the Spirit/Soul in this 3 Dimensional world;
- If the Spirit/Soul is growing and making a Positive Impact on other Spirits/Souls, it is critical for the "Holder" to remain as healthy and agile as long as possible, so look after your Body (food/diet, exercise, limit stress, healthy environment, etc...);
- Although the "Holder" has one main purpose on earth, God still wants us to enjoy life, so we should use and enjoy our 5 senses (as part of the Holder) as much as possible;
- God said we should be fruitful and increase in numbers to fill the earth, probably to ensure that other "Baby" Spirits/Souls waiting in Heaven could be sent to earth and find a home (Holder)?
- Finally, do not become too sad if the "Holder" of someone close to you "expires", because their important inside will go to its final home (be sad if you worried that their inside might go to Hell and not Heaven...).
- Bottom line: The Body still has value and should not be "killed", hence God's commandment **"Thy Shall NOT Kill"** (**Exodus 20:13**)

SO CONCLUDING ON THE FOURTH SECTION: Although our bodies were shown to not be that important in section 3 above, our bodies are still important and we must look after it if we are doing great things on earth.

Section 5:

Provides information on how our bodies will transform in the end

1 WE WILL THUS TRANSFORM

Just like some insects transform, we will also transform from our Physical Bodies to a “Spiritual “body” when we die.

An example of a transformation process:



Most insects transform from something not so nice to something beautiful, just like many of us will (except the souls that will be lost, because they got corrupted by their 5 senses in this world):



So our Old Physical Bodies will become “useless” and our Souls will Blossom:



Will we regain a **New** Physical Body later on? This article is getting too long and I need to end somewhere. Maybe this could be a topic for another article if I could gain enough understanding about life after death!

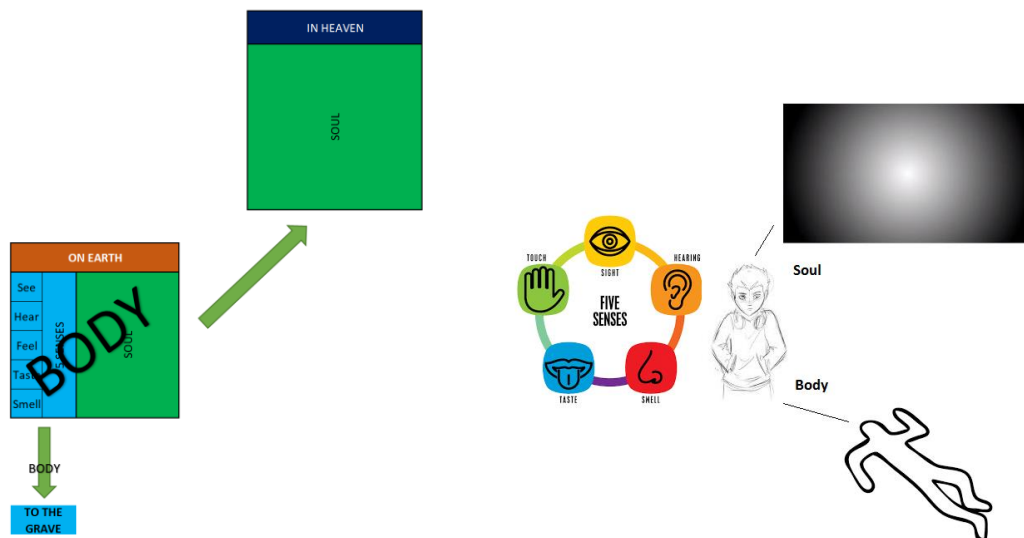
For now, go read:

- The entire 2 Corinthians 5; and
- 1 Corinthians 15 verse 35 to 58.

SO CONCLUDING ON THE FIFTH SECTION: our bodies are temporally holders, but will transform to something beautiful and permanent in the end.

So getting back to our main objective in the beginning, do you now see how and where our physical bodies fit into the bigger picture of life?

IN THE END...



RECAP QUESTIONS (more than normal):

NO	QUESTION	YOUR ANSWER
1	What percentage of the Electromagnetic Spectrum out there can we really “see”/experience as a result of our limited senses and brain’s limited abilities?	
2	What other senses do you think are out there?	
3	Is this true? “ We are from this World and Living in it ”?	
4	To whom does it seem this world currently “belongs” to?	
5	Who will take back this world?	
6	What challenges do we have regarding this World?	
7	What 5 “things” make us believe that the body is the most important thing in life?	
8	Complete “ The Spirit is _____, but the Flesh is _____ ”	1 2
9	Always remember that our “Holder”, even though useless in the end, is still a “T_____” of God?	
10	God is 3 –in-1, where else does this article refer to this and what else is also like 3-in-1?	
11	Which one is the most important? (the Holder or the Inside)?	
12	Write out: Philippians 1:21-25:	
	Always remember: Focus on the “Inside”, but keep the “Holder” in a good condition, as it houses the important inside.	